

### Half Marathon qualifying times for the Athens Road Runners Race Team

Runner age	70% age grade time males	70% age grade time females
18	1:22:56	1:35:03
19	1:22:53	1:33:46
20	1:22:53	1:32:52
21	1:22:53	1:32:21
22	1:22:53	1:32:10
23	1:22:53	1:32:10
24	1:22:53	1:32:10
25	1:22:53	1:32:10
26	1:22:53	1:32:10
27	1:22:53	1:32:10
28	1:22:53	1:32:10
29	1:22:53	1:32:10
30	1:22:53	1:32:12
31	1:22:53	1:32:16
32	1:22:54	1:32:23
33	1:22:59	1:32:33
34	1:23:07	1:32:47
35	1:23:20	1:33:04
36	1:23:38	1:33:23
37	1:23:58	1:33:46
38	1:24:24	1:34:12
39	1:24:54	1:34:41
40	1:25:29	1:35:13
41	1:26:08	1:35:50
42	1:26:50	1:36:29
43	1:27:33	1:37:13
44	1:28:16	1:38:01
45	1:29:01	1:38:53
46	1:29:45	1:39:49
47	1:30:31	1:40:50
48	1:31:18	1:41:56
49	1:32:05	1:43:06
50	1:32:54	1:44:19
51	1:33:42	1:45:34
52	1:34:32	1:46:50
53	1:35:23	1:48:08
54	1:36:15	1:49:28
55	1:37:08	1:50:51
56	1:38:01	1:52:15
57	1:38:56	1:53:41
58	1:39:51	1:55:10

Runner age	70% age grade time males	70% age grade time females
59	1:40:48	1:56:41
60	1:41:46	1:58:14
61	1:42:44	1:59:50
62	1:43:45	2:01:29
63	1:44:46	2:03:10
64	1:45:49	2:04:54
65	1:46:52	2:06:41
66	1:47:57	2:08:32
67	1:49:03	2:10:25
68	1:50:11	2:12:22
69	1:51:20	2:14:22
70	1:52:31	2:16:27
71	1:53:46	2:18:35
72	1:55:10	2:20:47
73	1:56:42	2:23:03
74	1:58:23	2:25:24
75	2:00:15	2:27:49
76	2:02:18	2:30:20
77	2:04:32	2:33:03
78	2:07:00	2:36:03
79	2:09:42	2:39:26
80	2:12:40	2:43:11
81	2:15:55	2:47:22
82	2:19:29	2:51:59
83	2:23:25	2:57:11
84	2:27:46	3:02:59
85	2:32:35	3:09:27
86	2:37:54	3:16:46
87	2:43:52	3:25:00
88	2:50:30	3:34:23
89	2:57:58	3:45:08
90	3:06:25	3:57:25
91	3:15:59	4:11:45
92	3:27:00	4:28:28
93	3:39:40	4:48:23
94	3:54:27	5:12:13
95	4:11:55	5:41:21
96	4:32:43	6:17:53
97	4:58:08	7:04:32
98	5:29:33	8:06:37
99	6:09:40	9:32:28

Source: 2020 USATF MLDR Road age-grading calculator (maintained by Alan Jones)  
 Website: <http://www.howardgrubb.co.uk/athletics/mldroad20.html> sourced on May 23, 2021